



April 2017

RUGBY PUBLIC SCHOOLS LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dogs Pork & Beans	4 Chili Breadsticks	5 Chicken Fajitas Glazed Carrots	6 Sub Sandwich Chips	7 French Toast Eggs
10 BBQ Riblet Sandwich Potatoes	11 Spaghetti with Meatballs Garlic Toast	12 Chicken Nuggets Mashed Potatoes	13 Hot Ham & Cheese Sandwich Baked Beans	14  <i>No School</i>
17  <i>No School</i>	18 BBQ Pork Sandwich Pork & Beans	19 Turkey Mashed Potatoes Gravy <i>Early Out 1:00</i>	20 Hamburger French Fries	21 Crisпитos Rice Black Beans
24 Pizza Pasta Bake	25 Tacos Refried Beans	26 <i>Ely:</i> Tangerine Chicken Rice <i>HS:</i> Ravioli Corn	27 Knoephla Soup Sandwich	28 Scalloped Potatoes Ham
	<i>Breakfast consists of cereal, toast, milk, juice or fresh fruit. Hot breakfast is served occasionally</i>	<i>Salad bar with various fruits and vegetables is served daily. All bread offerings are whole grain.</i>	<i>1% white milk, skim chocolate milk and whole grain bread are offered at every meal.</i>	

"Life is not so short but that there is always time enough for courtesy" Ralph Waldo Emerson